



Settling In Procedure

We would have discussed already in length the settling in procedure before the child starts attending the setting. Having carried out home visits we would have best ascertained the settling in procedure for each individual child.

Each child will settle in differently and it will be up to the child carers to ascertain the most suitable way to help each child through this transition.

We ask the parent to tell the child the night before what is going to happen the next day, this could also be through a simple story.

On the first morning you will bring your child to the setting's entrance and the teacher will greet yourself and the child, say 'Good Morning' and have a brief conversation about the morning so far. The teacher will take the child's hand, help them put their slippers on, find their peg, hang up their coat and bag and lead them into the setting. At this point you can say 'Good Bye' to your child and the child may need one last hug.

This settling in process allows the parent to trust the carer enough to provide the reassurance to the child over the agreed period. The teacher will send a text message to the parent to tell them how the morning is going.

We aim to resolve any anxieties that parents might have before the first day of the setting. We feel if the parent is at ease on the day it allows the child to feel the sense of security and be more at ease in the new environment.

Sometimes the subsequent mornings can be more difficult. In case of mild anxiety it is best to stick to the agreed routine and discuss any concerns with the teacher before the child is due to come in. The settling in process might take some time until the child is fully settled. It is a process that needs to be trusted. We are available to discuss this process in length during the process, it is important you call us anytime if you feel the need.

When picking up the child at the end of each day, it is helpful to the child to reconnect and for you to be as present as possible during these moments.